

CURRICULUM VITAE

PATTY WOOTEN, RN BSN PHN

P.O. Box 8484

Santa Cruz, CA 95061-8484

Phone: 831-425-8436

FAX: 831-425-8437

Email: pwooten@JestHealth.com

Website: www.jesthealth.com

EDUCATION AND PROFESSIONAL DEVELOPMENT

- 1964-1967 University of California, Berkeley Pre Nursing course work
- 1967-1969. University of California, San Francisco Medical Center -Nursing School
Bachelor of Nursing Science degree-December 1969.
- 1969-1970. Los Angeles County Hospital, Los Angeles, Calif.
Staff nurse in Cardiac Surgery ICU.
- 1970-1971. Los Angeles County Dept. of Public Health, Calif.
District public health nurse and clinic nurse in Watts.
- 1971-1973. Alameda Hospital, Alameda, Calif.
Charge nurse ICU-CCU.
- 1974-1976. University of California, San Diego Medical Center
Charge nurse Neurosurgery ICU.
- 1976-1979. Alameda Hospital, Alameda, Calif.
Charge nurse in 10-bed ICU-CCU.
- 1979-1980. Prather Convalescent Home, Alameda, Calif.
Nursing Supervisor for 140-bed skilled nursing facility.
1980. Completed Certification for Life-Death Transition Counselor
- 1980-1981. Visiting Nurses Association, Oakland, Calif.
Hospice, and Home chemotherapy nurse.
- 1981-1986. French Hospital, San Luis Obispo, Calif.
Staff nurse Post Cardiac Surgery ICU. Developed Cardiac Rehabilitation Program .
- 1985 Completed certification for Critical Care Nursing by AACN
- 1986-2000 Occasional clinical work through nursing registry and relief staff nurse at Stanford University Hospital
- 1986-2002 Full time Professional speaker and Nurse Humorist. Presented to over 200,000 professionals in 48 states and seven foreign countries.

NURSING AFFILIATIONS

Member, Sigma Theta Tau Nursing Honor Society.

Member, American Holistic Nurses Association

Founding member and Past President of American Association for Therapeutic Humor

Member International Society for Humor Studies

Advisory Board for NursingHands.com

Advisory Board member of Humor and Health Institute

CLOWNING PREPARATION & CAREER

2000 Faculty for Clown Camp, University of Wisconsin at LaCrosse.

1992 Graduated from Clown Camp, University of Wisconsin at LaCrosse

1992. Graduated from San Francisco Clown School, Calif.

1978-1980. President, Clowns of America - Golden Gate Alley

1974. Graduated from Clown School, University of California at San Diego.

PROFESSIONAL DEVELOPMENT OF HUMOR EXPERTISE

1983. Founding member of the American Association for Therapeutic Humor.

1983 Founder & Queen of Everything at **JEST FOR THE HEALTH OF IT!** seminars and services

1983-2000 Author of over 50 professional articles and book chapters.

1989. Created video with Norman Cousins & Allen Funt

1990-1998 Featured columnist for *Journal of Nursing Jocularity*.

July 1989. Research paper presented at International Humor Conference in Arizona.

July 1990. Present original research on humor and nurse burnout at International Humor Conference in England.

1994 Author of published book: *Heart, Humor and Healing*

1995 Produced video: *Perils of Nancy Nurse*

1995 - 1996 President American Assoc. for Therapeutic Humor (AATH)

1996 Author of published book: *Compassionate Laughter*

1997 Produced video: *Laugh! Jest for the Health of It*

1997-present National Conference chairman for AATH

2000 Co-author of published book: *Hospital Clowns-A Closer Look*

MEDIA COVERAGE

Patty has appeared on both national and international television including: Discovery Channel, NBC Real Life, To Tell the Truth, Home and Family Show, Good Morning L.A, Yorkshire Television in England, Seoul Broadcasting in Korea . Patty's work has been featured in many newspapers and magazines: USA Today, Psychology Today, Better Homes and Gardens, San Jose Mercury News, USA Weekend Magazine.

PUBLICATIONS

Wooten, Patty. "Humor: An antidote for Stress". *Holistic Nursing Practice*. 1996, 10 (2). pp. 49-56.

Wooten, Patty. "You've Got to be Kidding! Humor Skills for Surviving Managed Care". *Dermatology Nursing*. 1997, 9 (6 pp. 423-428.

Wooten, Patty. "Humor as therapy for patient and caregiver" in *Pulmonary Rehabilitation*. W. Bell (ed) Philadelphia PA: J.B. Lippincott, 1992, pp. 422-434.

Wooten, Patty. "Humor in the Ha Ha Hospital" in Buxman, K. (ed) *Nursing Perspectives on Humor*. Staten Island, NY: Power Publications, 1995.

Wooten, Patty. "Humor, Laughter and Play - Maintaining Balance in a Serious World" In *Holistic Nursing Handbook*. Dossey, B. and Keegan, L (eds.). Baltimore, Aspen Publishing, 1999.

Wooten, Patty. *Heart, Healing And Humor*. Salt Lake City: Jest Press, 1994.

Wooten, Patty. *Compassionate Laughter - Jest for Your Health*. Salt Lake City: Commune A Key Publishing, 1996.

Wooten, Patty and Shobhana Schwebeke, *Hospital Clowns-A Closer Look*. Jest Press. Santa Cruz, CA, 2000.

Audiences around the world:

USA, Canada, Spain, Australia, Mexico, New Zealand, South Africa, and England

Featured speaker at national conferences:

Academy of Medical Surgical Nurses

Society for Cardiac and Pulmonary Rehab

Ambulatory Surgery Association

National Association of Dermatology Nurses

National Critical Care Institute (NCI)

National Association of Pediatric Nurse Practitioners

American Nephrology Nurses Association (ANNA)

National Orthopedic Nurses Association

American Organization of Nurse Executives

Society of Post Anesthesia Nurses

Association of Operating Room Nurses (AORN)

National Hemophilia Foundation

National Health Service Corps

National Association of Case Managers